

Friend in Need

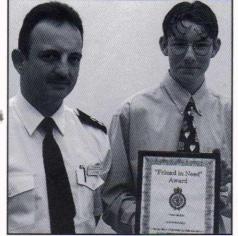
CALL him a Friend In Need or a Good Samaritan, hero Adam Bettridge is certainly a lifesaver.

Adam, 14, was on his paper round when he found 91-year-old Freda Mitchell unconscious on the ground in Melville Court, Mansfield. He quickly covered her with his coat, put pressure on a bleeding head wound and placed wher her in the recovery position before calling an ambulance.

Now he's been awarded the Service's first Friend In Need award for providing vital assistance in an emergency situation.

He said: "When I found Mrs Mitchell I just acted straight away. I remembered what to do from watching programmes like 999 Lifesavers."

Adam came to the Service for work experience in June, getting a feel for the



real thing in the control room. Control superintendent Bill Appleby said: "Adam did really well — he showed all the maturity and skill to go far. He's a smart lad, very quick on the uptake. He became a real member of the team in the short time he was here. He's keeping his options open, but it would be a pleasure to work with him again."

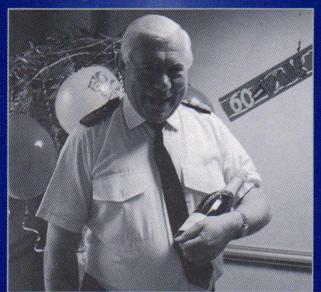
Copies of the Friend In Need certificate are now available to stations. It's aimed at people, like Adam, who help out in emergency situations.

They could have discovered an injured person, or helped crews when they arrive. They could be a stranger being a Good Samaritan, or a member of the family saving a life — there are no limits.

Further information is provided in Staff Information Bulletin number 67/98.

LEFT: Kings Mill station officer Rhuari Pike presents Adam with his certificate

Party time for Mike



SIXTY years young — chief executive Mike Handy had a bit of a shock when staff threw a surprise birthday party, just before he went on leave. It looks like the bubbly's put a smile on his face — and it's not even open yet!

ALL CHANG FOR KATHY

SUPPORT services manager Hillary Pillin, who is on maternity leave, has been replaced on secondment by Kathy Smith, station officer at Worksop and Retford.

Kathy had a three-week induction from Hillary before starting officially at the end of July.

While training, Kathy said: "I'm on a very steep learning curve, but everyone has been really helpful."

She is now working with supplies officer Justine Payne and clinical advisor on manual handling Brian Collins. Her focus has changed from the day to day problems of managing a station to identifying and



occur in the future.

Kathy added: "I've been a station officer for over five years, so it seemed like a good time for a fresh challenge.

"I've been interested in supplies since I was acting supplies officer for six months in 1991. I've also developed an interest in risk management, particularly the Fitech fitness testing equipment. "I hope I can make my

"I hope I can make my mark on the future of the service."

Paramedic David Moore has replaced Kathy as acting station officer during her absence.

Shaping our fut Upe

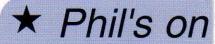
PARAMEDICS across the country are being given the chance to shape the future of their profession by voting for state registration.

The Ambulance Service Association (ASA) is considering registration of paramedics following cases of people falsely using the title to treat people.

In one case, con-man Paul Corney set up an infusion on an unconscious traffic accident victim using out of date equipment.

Equipment suppliers have tightened-up credentials checks on customers. But little can be done legally to stop bogus paramedics. Throughout July paramedics are being

balloted on the proposal for state registration. The result will be announced at Ambex.



THE public relations team is still on the look out for interesting news stories.

Paramedic "birdman" Steve Palmer showed how it should be done.

The first call he made after his spectacular crane-assisted high rise rescue of a building worker was to -Phil Morris at HQ, of course!

New work pressures policy

THE work pressures audit carried out last year has led to the development of a new policy on stress at work.

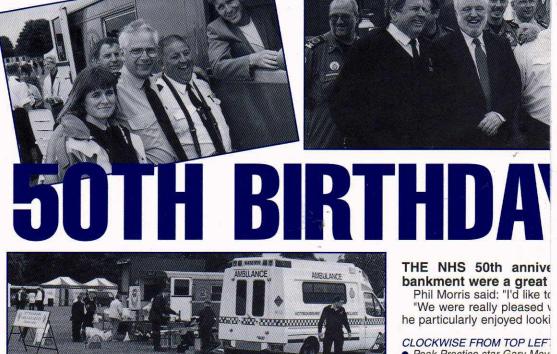
The document, agreed by both the Trust board and the management staff-side committee, will be located in station and department Personnel Policies and Procedures Manuals.

It confirms the Trust's commitment to working with staff to minimise avoidable stress in the working environment and help where adverse effects of stress are experienced.

In many cases, stress can be a positive asset. The Health and Safety Executive say: "Every job brings its own set of tasks, responsibilities and day to day problems, and the pressures and demands these place on us are an unavoidable part of working life ... it is often the tasks and challenges we face at work that provide the structure of our working days, keep US motivated and are the key to a sense of achievement and job satisfaction."

working Staff for an emergency service have chosen an environment many people see as stressful, and will recognise the importance of taking positive action for their own health and well-being. However, the Trust also accepts its responsibility to prepare staff for their role and work with them to address problems and concerns. If an individual does suffer from the effects of stress at work, in the home or both, they can work with colleagues to recognise the problem, and seek support.

Managers and work based trainers will attend training on the policy this autumn.





Satisfaction with a differen

PATIENTS gave the Notts Service a resounding thumbs up in last year's satisfaction survey.

This year there will be another survey of satisfaction but with a difference.

The research will review the opinions of customers outpatient and day care managers, and accident and emergency personnel who deal with ambulance staff on a daily basis. Contracts and marketing ma Durston, who heads up the services quality p said: "Information provided by patients has useful and led to several changes in operationa

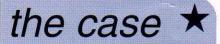
'Feedback from the new group will help furth our quality."

Results are expected in the New Year.

Peak Practice star Gary Mave

- Dennis Purbrick Sam Prince, Trevor, Mark Sta
- Alan Chetwynd) get the chan
- The mock up accident is well
- Who is that man? Dennis giv The vintage ambulances alreader
- Nottingham's Old Market Squ
- ParaTed poses with represen
- Ann Richards (centre) and Di
- ParaTed lets a visitor try out a The ambulance service contil





Phil was on the case straight away. The result? Steve featured in local and national press as well as Response.

If you are involved in an unusual incident, or hear of one, please contact Phil, or Joanne at Myles Communication Group on 0115 969 1692. Keep in touch.

TESTING..ONE TWO..TESTING

AS reported in the last Response, the revolutionary new vehicle designed jointly by Notts Ambulance is near completion by the manufacturers.

In addition to other developments, it will have a

new 'white noise' audible warning device fitted.

This directional siren, developed after extensive research by Leeds University demonstrated improved awareness of the 77 direction of approach. This inevitably helps other



the The Volvo ambulance

drivers to move out of the way more quickly, which should cut both response times and the risk of accidents.

After going on display at Ambex at the start of August, the vehicle will go to Newark Station for trials.

The Notts Service is also trialling a new ambulance developed by Volvo. It's based on an extended and reinforced Volvo 960 chassis. A sliding door on the side can be used for access if the rear door is blocked and the driving seat has been redesigned to reduce back strain during long shifts.

The patient care area at the rear is fully equipped for advanced care during transport, and has separate air conditioning.

Views of staff who use the vehicle will be eagerly awaited.



THE British Red Cross Society is looking for first aid trainers.

They need people to work flexible hours, running first aid courses for businesses throughout Nottinghamshire.

The jobs would suit retired staff. The Red Cross provides training as required, hourly rates of pay, expenses and all course materials and equipment.

Anyone interested must be presentable and have a good sense of humour. They also need to be a car owner willing to cover all of Nottinghamshire.

If you are a retired reader, or know of a retired staff member who may be interested, contact Joe Connor on 0115 9789222.



Y BASH

ersary celebrations on the Victoria Emsuccess, with over 17,000 visitors.

vhen health minister Frank Dobson came along — ng around the vintage vehicles."

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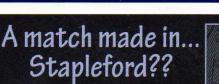
ers meets Paula Pickard, Trevor Handley, Steve Lees and

fford, Tony Goodman, Steve, Dennis and ParaTed (aka ce to chat with Frank Dobson

underway with help from the police and fire brigade es his number to a curious police officer

ady gathering a crowd in the early morning sunshine in are tatives of sponsors Nottingham Building Society

ane Sales on one of the stands with a visitor an old-style stretcher for size angent at Health Fest



TECHNICIANS Chris Allum and Jo Steel tied the knot on 12 June at St John's, Stapleford.

The relationship blossomed after they worked regularly on PTS at Stapleford together, before Chris moved to Beechdale as a technician.

Family friends Ian and Jane Jowett of 'Crafty Cakes' decorated the cake with a special design of ambulances and medical kit with two technicians standing proudly on top. Jo said: "Chris and I would like to thank everyone who shared the day."



AFTER much hype in the last issue of Response, when Carlton A seven-a-side football team had given Stapleford a sound thrashing 8-0, they've now had to eat their words.

Beechdale took up their all-stations challenge — and beat them 2-0.

The goals came from David 'Ravanelli' Seaton and Lee 'The Whippet' Smith. David said: "We knew Mark Dawn was the danger man, so we effectively marked him out of the game. It was a great match."



Top dogs at training

HUCKNALL'S Roger Watson and Newark's Mark Stafford have both successfully qualified as seconded training officers.

Roger, who thanks his Alsatian Kelly for getting him through his interview presentation said: "I'm very pleased to have completed the programme. There was a lot of coursework — I can finally catch up on my sleep now!"

Mark added: "We now have a great role. We're still operational paramedics so half of the time we're on the road keeping up our skills, and the rest we're training staff."

The Training Centre now has seven qualified training officers who run courses throughout the year. They have to requalify every five years.

Roger added: "Kelly's got a job as a trainer too — for our new puppy Yogi. She is coming on well — a real credit to her."

Appointments

Nottingham Emergency Medical Service Drivers, Stapleford

Jonathan Henson, Barry Pudney, Raymond Bates, Christopher Stevens, Ian Forbes, Heather Blair, Daniel Evans, Brian Barker

Ambulance care assistants

Peter Rushton, Wilford Christopher Baker, Kings Mill

Mark Buckley, Kings Mill Rachael Hazleton, West Bridgford Paula Pickard, Kings Mill

Ian Sinski, West Bridgford Stephen Drever, Retford

Dorothy Hagen, liaison assistant, Kings Mill Russell Turner, transport driver, Arnold

Promotions

AFF RENS. SAFF

To ambulance care assistant Patricia Pole, Stapleford Philip Brown, West Bridgford Debbie Swales, Stapleford

To ambulance technician Martin Judson, Beechdale

To trainee ambulance

technician Alan Morley-Davies, West Bridgford Paul Gilbert, West Bridgford Anita Moncaster, Stapleford Charlotte Smith, Carlton Jane Mitkova, Stapleford

Beverley Caldwell, Newark

Retiring or leaving

Alan Harvey, ambulance technician, Kings Mill Anita Hines, control assistant Andrew Bowley, senior transport driver, Carlton Jim Crawford, mechanic, Cowley Street Margaret Hawkins, domestic cleaner, Arnold

Birth, books & bouquets



COWLEY Street mechanic Chris Bramley is the proud father of a son. Partner Michelle gave birth to 8lb 3oz Jack on 6 June, and fleet engineer Mike Crosby said: "Rumour has it he was born with a spanner in his hand!"

PUBLISHERS McMillan-Scott are to produce this year's child safety books. They have begun a sponsorship campaign among local businesses and the community to raise the required money to produce 5,000 books by the end of the summer.

WORKSOP station crews have said thank you to cleaner Eileen Lilley for 20 years' service.

Chief executive Mike Handy hosted a surprise party where he presented Eileen with a plaque and bouquet of flowers.

Eileen said: "I've loved working here and I'm very fond of the staff. But I'm still going strong — at 57 there are a few years left in me yet!"

Bravo for Speeds

SPEEDS of Nottingham have provided a second year of air ambulance support by supplying a brand new Fiat Bravo.

Fundraiser Steven Roberts will use it to travel to talks and cheque presentations throughout the county.



It will also carry merchandise to fairs and fetes.

Steven said: "Last year Fiat provided a Marea Weekend.

"I'm glad they're continuing their valuable support".

Steven needs volunteers to run in the Robin Hood marathon to help raise money.

He is putting together a 'Blade Runners' team for the fun run (2.5 miles) and half marathon (13 miles), which start from the Victoria Embankment at 10am Sunday 27 September.

For more information on taking part or supporting the runners, call Steven on 01623 460460.

Quality Quotes

The way the crew dealt with me was superb. Friendly, joking yet caring, they treated me in a most professional manner. Even later at the Queens in the queue they popped back for a friendly word. CREW: Jim Leggatt and Phil Green, Stapleford

My officers were unstituting in their praise of your staff who did their absolute best to resuscitate the man for some 20-25 minutes in cramped surroundings. Police Sergeant Goodall said in his report: "I was thoroughly impressed by their

professionalism and commitment."

CREW: Ian Cowley and Alan Marwood, Beechdale, from Chief Inspector (Business/Quality Assurance) John Bell

The operator who dealt with my call was very caring, efficient and very helpful to me in my distress. At the time I rang off quickly without thanking her, so please could I pass on my grateful thanks for all her help. Control assistant Sam Perrin

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